

## HOW CAN YOU ACCESS SUPPORTED LIVING OR PERIPATETIC HOUSING SUPPORT SERVICES?

You can access our services through your Social Worker from your local Trust. You can also use your personal budget or direct payment to purchase supports directly from us.

### CONTACT US

To find out more about how we can support you, get in touch:

028 9147 5720  
info@positive-futures.net

We also need volunteers to support our work. If you're interested in joining our team or making a donation to support our work, we'd love to hear from you.



# SUPPORTED LIVING AND PERIPATETIC HOUSING SUPPORT SERVICES



### Head Office

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## WHO ARE WE?

Positive Futures is the leading Northern Ireland charity for children, young people and adults with a learning disability, acquired brain injury or autistic spectrum condition. We also support their families.

Our services are based in local communities and are provided with partners.

## WHAT DO WE DO?

At Positive Futures, we're optimists and enthusiasts.

We have a reputation for coming up with new ideas and new services to help the people we support to be as independent as possible, try new things and fulfil their potential.

We don't see problems. We see possibilities.

## HOW CAN WE SUPPORT YOU?

**Supported Living** offers the people we support the opportunity to live where and how they choose – in a home of their own or with people they choose to live with.

We work with housing providers to make this possible. Houses are based in local communities and our teams of Support Workers follow individuals' support plans to provide people with the type of support they need during the day and, if necessary, at night.

This means that the people we support can do things in their local community – like going to the leisure centre, using the bus, shopping and going to church – and do as much as they can for themselves, like cooking, shopping, budgeting and personal care.

We also provide **Peripatetic Housing Support Services** for people who already have their own tenancy. These services generally offer a lower level of support, sometimes for a shorter term.

We provide services from offices in Bangor, Belfast, Cookstown, Lisburn, Lisnaskea, Magherafelt, Newry, Omagh and Portavogie.

"I love it here. There couldn't be a better place. I have my dog, Lucky, and we go for walks and play. I have a rabbit, a guinea pig and a vegetable garden. I can go shopping and cook my own meals and I keep my house clean and tidy. I make decisions for myself."

Gareth

"This is the area my Mummy is from. I know people here and I have my local. I have good neighbours too. Teresa comes and we do housework and clean out the fridge and change the beds every fortnight, things like that. Only for Positive Futures...I don't know what I'd do. They help me."

Noel

